

SMSC and Emotional Literacy Domains in Jigsaw lessons

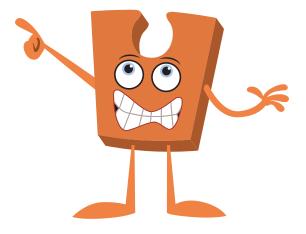
Jigsaw is more than a PSHE Scheme of Work. It provides a structured programme of personal development to nurture the 'whole child' and increase learning capacity, underpinned by mindfulness philosophy and practice.

Every Jigsaw lesson from EYFS to Year 6 offers opportunities for children's spiritual, moral, social and cultural (SMSC) development, and this is clearly mapped and balanced across each year group.

Likewise, Jigsaw is designed to provide structured opportunities in every lesson to practise and enhance the five skills associated with the emotional literacy (self-awareness, social skills, empathy, motivation and managing feelings). At Jigsaw, we believe that these opportunities are vital for children's development, their understanding of themselves and others and in increasing their capacity to learn.

The following grids give a quick visual reference and summary of where these opportunities sit within Jigsaw.





Being Me In My World F1/2

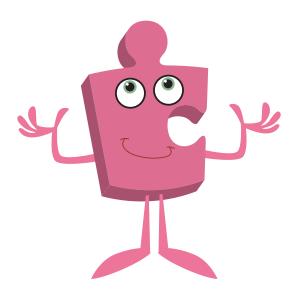
Lesson	Social	Moral	Spiritual	Cultural
1	√		✓	✓
2	 ✓ 	✓	✓	
3	✓	✓	✓	
4	√	✓		✓
5	√	✓	✓	✓
6	√	✓	✓	✓

Celebrating Difference F1/2

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark	\checkmark	✓	
2	\checkmark	\checkmark	✓	√
3	\checkmark	\checkmark	✓	√
4	\checkmark	\checkmark		\checkmark
5	✓	\checkmark	\checkmark	\checkmark
6	\checkmark	\checkmark	\checkmark	\checkmark

Dreams & Goals F1/2

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			\checkmark
2		✓	\checkmark	
3		\checkmark	√	
4	√	\checkmark	√	
5	√	\checkmark	\checkmark	\checkmark
6	√	\checkmark	\checkmark	



Healthy Me F1/2

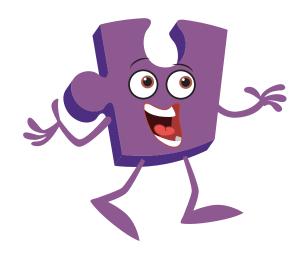
Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			\checkmark
2	✓	\checkmark	\checkmark	
3	✓	\checkmark		\checkmark
4	✓		\checkmark	✓
5	✓	\checkmark	\checkmark	\checkmark
6	✓	\checkmark		\checkmark

Relationships F1/2

Lesson	Social	Moral	Spiritual	Cultural
1	√	\checkmark		\checkmark
2	√	\checkmark	\checkmark	
3	√	\checkmark		\checkmark
4	√	\checkmark		\checkmark
5	\checkmark	\checkmark	\checkmark	\checkmark
6	\checkmark	\checkmark	\checkmark	\checkmark

Changing Me F1/2

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2	✓	✓	√	√
3		✓	√	
4	✓			✓
5	✓	✓	√	
6	✓	✓	\checkmark	✓



Lesson	Social	Moral	Spiritual	Cultural
1	✓		1	
2	✓	✓		
3	✓	✓		
4	✓	✓		
5	✓	✓		
6	✓	✓		

Being Me In My World Year 1

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	✓			
2	✓				
3	✓		✓		
4	✓	✓			
5		✓		✓	
6		\checkmark		\checkmark	

Celebrating Difference Year 1

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			
2	\checkmark			
3	\checkmark			
4	\checkmark	1		
5	\checkmark	1		
6	\checkmark			

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2	✓				
3			\checkmark		
4			\checkmark		
5		√			
6	✓				

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			✓	
3	\checkmark			
4			\checkmark	
5			\checkmark	
6			\checkmark	

Dreams & Goals Year 1

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2	\checkmark			\checkmark	
3		\checkmark		\checkmark	
4	\checkmark			\checkmark	
5	\checkmark			\checkmark	\checkmark
6	\checkmark				\checkmark

Healthy Me Year 1

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark	1		
2	\checkmark	1		
3	\checkmark	1		
4	\checkmark	1		
5	\checkmark	1		
6	\checkmark	1		

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			\checkmark	
2	✓			√	
3	✓			√	
4					
5	✓				
6				1	

Lesson	Social	Moral	Spiritual	Cultural
1				\checkmark
2	\checkmark			
3	\checkmark			
4	\checkmark			
5			✓	
6	\checkmark		✓	

Relationships Year 1

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				\checkmark
2		\checkmark			\checkmark
3		\checkmark			\checkmark
4		\checkmark			
5	\checkmark				
6	\checkmark				

Changing Me Year 1

Lesson	Social	Moral	Spiritual	Cultural
1			1	
2			✓	
3			✓	
4		✓	✓	
5			✓	
6			✓	 Image: A start of the start of

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1			1		1
2	✓				1
3	 ✓ 		✓		
4	 ✓ 				
5	 ✓ 				
6	 ✓ 				✓

Lesson	Social	Moral	Spiritual	Cultural
1	√		✓	
2	✓	✓		
3	✓		✓	
4	✓		✓	
5	✓		✓	
6		✓	✓	

Being Me In My World Year 2

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓				
2		✓			
3		✓			
4		✓		✓	
5		✓		✓	
6	\checkmark				

Celebrating Difference Year 2

Lesson	Social	Moral	Spiritual	Cultural
1	1			\checkmark
2	✓			\checkmark
3	✓			
4	✓	\checkmark		
5	1	\checkmark		
6	\checkmark			

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark		\checkmark		
2	✓		√		
3		\checkmark	\checkmark		
4		\checkmark	\checkmark		
5		\checkmark	√		
6		\checkmark	√		

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			\checkmark	
3	\checkmark			
4	\checkmark			
5	\checkmark			
6			\checkmark	

Dreams & Goals Year 2

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				1
2	✓				1
3		✓			
4		\checkmark			1
5		\checkmark			 Image: A start of the start of
6		\checkmark			\checkmark

Healthy Me Year 2

Lesson	Social	Moral	Spiritual	Cultural
1		1	1	
2			1	
3	✓	1		
4	✓	1		
5	✓	1		
6	\checkmark	\checkmark		

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			\checkmark	
2	✓				1
3	✓				
4	\checkmark				
5	\checkmark				
6	✓				

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			\checkmark
2		✓		
3	\checkmark			
4	\checkmark	\checkmark		
5			✓	
6	\checkmark			

Relationships Year 2

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1		\checkmark			
2	\checkmark				\checkmark
3		\checkmark			\checkmark
4		\checkmark			
5	\checkmark				
6		\checkmark			

Changing Me Year 2

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			✓	✓
3		✓	✓	
4		✓	✓	
5				
6			\checkmark	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1			1		1
2	✓		1		
3	 ✓ 				 ✓
4	 ✓ 				
5	 ✓ 				 Image: A start of the start of
6	 ✓ 			✓	

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark		1	
2	\checkmark			✓
3	\checkmark		✓	
4		✓	✓	
5	\checkmark	✓		
6	\checkmark	✓		

Being Me In My World Year 3

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			\checkmark	
2	✓				✓
3		✓			
4	✓			\checkmark	
5		\checkmark			
6	\checkmark				

Celebrating Difference Year 3

Lesson	Social	Moral	Spiritual	Cultural
1				\checkmark
2	✓			✓
3	✓			
4	\checkmark	\checkmark		
5	\checkmark	\checkmark		
6	✓		\checkmark	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark		\checkmark		
2		 Image: A second s			✓
3		 Image: A start of the start of	\checkmark		
4		 Image: A start of the start of			
5	✓		✓		
6		 Image: A start of the start of			

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			\checkmark	
3	\checkmark		\checkmark	
4	\checkmark		\checkmark	
5	\checkmark		\checkmark	
6	\checkmark		\checkmark	

Dreams & Goals Year 3

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1			\checkmark		1
2	✓				
3	\checkmark	 Image: A set of the set of the		√	
4		\checkmark		1	\checkmark
5		 Image: A start of the start of		√	\checkmark
6	\checkmark	\checkmark			\checkmark

Healthy Me Year 3

Lesson	Social	Moral	Spiritual	Cultural
1		1		
2		1	✓	
3		1		
4	\checkmark		1	
5		1		
6			1	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark			√	
2	✓				\checkmark
3	✓				
4	✓				
5	 Image: A start of the start of				
6	\checkmark				

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			✓
2	\checkmark			
3	\checkmark			
4		1	\checkmark	\checkmark
5		\checkmark	\checkmark	\checkmark
6		\checkmark	\checkmark	\checkmark

Relationships Year 3

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1		1		✓	
2		✓	✓		\checkmark
3	\checkmark				\checkmark
4		✓	\checkmark		
5	\checkmark		\checkmark		
6	\checkmark	\checkmark		\checkmark	

Changing Me Year 3

Lesson	Social	Moral	Spiritual	Cultural
1			1	
2			✓	
3	✓		✓	
4	√		✓	
5		✓		✓
6	✓			

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓				
2	 Image: A start of the start of		✓		
3	 Image: A start of the start of				 ✓
4	 Image: A start of the start of				 ✓
5	 ✓ 		✓		
6	 ✓ 			√	

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark		✓	
2	\checkmark			✓
3		✓		✓
4	\checkmark	✓		
5	\checkmark	✓		
6	\checkmark			

Being Me In My World Year 4

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1		1	✓		
2		✓	✓		
3			✓	✓	
4	✓			✓	
5		✓		✓	
6		\checkmark		\checkmark	

Celebrating Difference Year 4

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			
2	\checkmark	✓		
3		✓		 Image: A start of the start of
4	\checkmark	✓		
5			✓	
6			1	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark		1		
2	√				
3			 Image: A start of the start of	√	
4		√	 Image: A start of the start of		
5	√				
6	✓			\checkmark	

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			\checkmark	
3			\checkmark	
4			\checkmark	
5	\checkmark			
6	\checkmark		\checkmark	

Dreams & Goals Year 4

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2	✓				1
3	✓		\checkmark		1
4	✓			✓	1
5	✓	\checkmark		✓	
6	\checkmark	\checkmark			

Healthy Me Year 4

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			
2	\checkmark			
3	\checkmark	1		
4	\checkmark	1		
5	\checkmark			
6			\checkmark	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓	\checkmark			\checkmark
2	\checkmark	 Image: A start of the start of			\checkmark
3	\checkmark	\checkmark			
4	\checkmark	\checkmark			\checkmark
5	\checkmark	 Image: A start of the start of			
6	\checkmark				

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark		\checkmark	
2			\checkmark	
3			✓	
4		✓		
5			\checkmark	
6			\checkmark	

Relationships Year 4

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2	✓				\checkmark
3					\checkmark
4			\checkmark		
5	✓		\checkmark		\checkmark
6	✓		\checkmark	\checkmark	

Changing Me Year 4

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			✓	 Image: A start of the start of
3	✓			
4			✓	
5		1	✓	
6	✓			

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	√				
2	✓				
3	✓				✓
4				✓	✓
5					✓
6	√			√	

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			✓
2	\checkmark			✓
3	\checkmark			✓
4	\checkmark	✓		
5	\checkmark	✓		
6	\checkmark	✓		

Being Me In My World Year 5

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark			✓	
2	✓		✓		
3	\checkmark		\checkmark		
4		✓		\checkmark	
5		✓		\checkmark	
6	\checkmark			\checkmark	

Celebrating Difference Year 5

Lesson	Social	Moral	Spiritual	Cultural
1				\checkmark
2		✓		✓
3	✓	✓		
4	1	1		
5				\checkmark
6				\checkmark

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark		\checkmark		
2	√		\checkmark		
3				√	✓
4		√		√	
5	✓		√		
6	✓		√		

Lesson	Social	Moral	Spiritual	Cultural
1			1	
2	\checkmark	1		
3	\checkmark			✓
4				✓
5	\checkmark			\checkmark
6			1	\checkmark

Dreams & Goals Year 5

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2			\checkmark	1	
3	\checkmark			\checkmark	
4	\checkmark		\checkmark		
5		\checkmark	\checkmark		
6	\checkmark		\checkmark	\checkmark	

Healthy Me Year 5

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark	1		
2	\checkmark	1		
3	\checkmark			
4	\checkmark			\checkmark
5	\checkmark			\checkmark
6			\checkmark	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓				
2	✓				
3	\checkmark				 ✓
4	\checkmark				\checkmark
5	\checkmark		√		
6				\checkmark	

Lesson	Social	Moral	Spiritual	Cultural
1			✓	
2	\checkmark			
3	\checkmark			\checkmark
4	\checkmark			\checkmark
5	\checkmark			\checkmark
6	\checkmark			\checkmark

Relationships Year 5

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2		\checkmark			\checkmark
3	\checkmark	\checkmark			
4	\checkmark	\checkmark			\checkmark
5	\checkmark	\checkmark		\checkmark	
6	\checkmark	\checkmark		\checkmark	

Changing Me Year 5

Lesson	Social	Moral	Spiritual	Cultural
1				✓
2			✓	
3			✓	
4			✓	
5	✓	✓		
6	✓			✓

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	1				
2	✓				√
3	✓				√
4			1		
5	✓			√	 ✓
6	✓			√	 ✓

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark		1	
2			✓	✓
3		✓		✓
4	\checkmark	✓		
5	\checkmark	✓		
6	\checkmark	✓		

Being Me In My World Year 6

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1		1		\checkmark	
2	✓		✓		
3	✓		\checkmark		
4	✓			✓	
5		✓		✓	
6		\checkmark		\checkmark	

Celebrating Difference Year 6

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			
2	\checkmark		✓	
3	\checkmark	✓		
4	\checkmark	✓		
5			✓	
6				\checkmark

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark		\checkmark		
2	✓		\checkmark		
3	✓		\checkmark		
4	✓				\checkmark
5				√	
6	✓		\checkmark		

Lesson	Social	Moral	Spiritual	Cultural
1			\checkmark	
2			✓	
3	✓		\checkmark	
4	✓	1	\checkmark	
5	✓	1	\checkmark	
6	✓		\checkmark	

Dreams & Goals Year 6

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark			\checkmark	
2				✓	
3			✓	✓	
4			\checkmark	\checkmark	
5			\checkmark	\checkmark	
6	\checkmark	\checkmark			

Healthy Me Year 6

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark			
2	\checkmark	1		
3	\checkmark	1		
4	\checkmark	1		
5	\checkmark	1		
6		1	1	

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	✓			\checkmark	
2	✓			√	
3	✓			 ✓ 	
4	✓	1			
5	✓				 Image: A start of the start of
6	✓				 Image: A start of the start of

Lesson	Social	Moral	Spiritual	Cultural
1	\checkmark		1	
2			\checkmark	1
3			\checkmark	
4	\checkmark	✓		
5	\checkmark	✓		✓
6	\checkmark	✓		✓

Relationships Year 6

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	\checkmark				
2			\checkmark		✓
3			\checkmark		\checkmark
4			\checkmark		\checkmark
5				√	
6				\checkmark	

Changing Me Year 6

Lesson	Social	Moral	Spiritual	Cultural
1				✓
2			✓	
3	✓			
4			✓	
5	✓			✓
6	✓			

Lesson	Self-awareness	Social Skills	Empathy	Motivation	Managing Feeling
1	 ✓ 				
2	 ✓ 				✓
3	✓				✓
4			✓		
5	✓	1			 ✓
6				√	 ✓

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