

Being Healthy Foundation Spring Term 1



Literacy

As we continue to work through Phase 3 phonics we will be able to read and write with increasing skill. This term much of our learning will be based around stories, including Oliver's Vegetables, Mr Magnolia, and Owl Babies. We will experience and practice different styles of writing for different purposes: labelling, captions, descriptions, speech bubbles and story boards and story maps.

Mathematics

In Mathematics: Number we will be developing a deep understanding of numbers to 10 and using a number line to add and subtract single digits. We will also be using a 100 square to help us grow 100-day potatoes!

In Mathematics: Numerical Patterns we will be working on capacity and volume, and making patterns and pictures using 2D shapes.

Religious Education

In RE we will be discovering the variety of stories in the Old Testament, using different activities to help us understand and retell the messages they convey. We will also be celebrating Chinese New Year, the Year of the Ox.

Personal, Social and Emotional Development

Our focus this term will be developing resilience and perseverance in the face of challenge, learning from the Tortoise and the Hare that we should not give up just because something seems difficult. We will also be recognising that we are all different but equal, and that kind words and actions can support others.

Understanding the World

This term we will be exploring where food comes from. We will discover that all food comes from animals or plants, and what has to happen to our food as it travels from farm to fork.

Expressive Art & Design

Creative expression comes into every aspect of our learning. We will be making owl puppets and exploring how we can create the effect of feathers by painting with our fingers. We will also be making observational drawings of vegetables and making paper plate whales!

Physical Development

Throughout this term we will have a focus on keeping healthy. This will include food, rest, and exercise. Many of the activities which we do at home and school – such as jigsaws, cutting out, Lego - help us develop our fine motor skills.

Communication and Language

We love to use our communication and language skills every morning at Welcome Time, and this term we will also be practicing listening to each other on our daily class calls. We will continue to be Word Collectors as we expand our vocabulary, including topic words such as nocturnal, diurnal and crepuscular.

Welly Wednesday

On Welly Wednesdays this term we will be helping the birds in the garden survive winter, making our very own Stick Men, and painting with mud. Being outside makes us feel better, helps us connect to nature and each other, and gives us an excuse to drink hot chocolate.

Character

Children are encouraged to 'have a go', developing resilience and understanding that learning comes from tackling difficult things.

Coaching

'Talk To Your Partner' encourages children to express their ideas, listen to and think about the ideas of others, and feedback these thoughts to a group.

Communities

In lockdown, children will be encouraged and supported to stay connected to our school community through teacher-lead/home supported learning and regular online class calls

Conservation

As part of our ethos for Welly Wednesday we are beginning to look at our impact on the world around us, and how we can support the natural world.

Curiosity

Where does food come from is one of life's big questions, which we will begin to explore this term through our Being Healthy topic.