



**PSHE Curriculum Plan 2020-2021 Teaching**

<b>YEAR 7</b>					
<b>Health and Well-Being</b>	1. Transition to Secondary School (Included in RE SOW)	<b>Relationships</b>	1. Friendships	<b>Living in the Wider World</b>	1. Wants and Needs
	2. Our School Values (Included in RE SOW)		2. Bullying		2. Resilience
	3. Healthy Lifestyle		3. Anger Management		3. FGM
	4. Mental Health (e.g. Depression)		4. Love and relationships		4. Addressing Stereotypes
	5. Aspirations		5. Puberty		5. Racism
<b>YEAR 8</b>					
<b>Health and Well-Being</b>	1 Personal safety and first aid	<b>Relationships</b>	1 Domestic conflict	<b>Living in the Wider World</b>	1 Tolerance
	2 Emotional Literacy		2 Teenage pregnancy		2 Global citizenship and the environment
	3 Internet safety		3 LGBT and homophobia		3 Goals and Target Setting
	4 Disabilities and stereotypes		4 Consent		4 Careers
	5 Identity		5 Free lesson to continue or revisit an above topic		5 Identity Revisited

**YEAR 9**

<b>Health and Well-Being</b>	1.Stress + Mental health wellbeing	<b>Relatio nships</b>	1.Peer Pressure	<b>Living in the Wider World</b>	1.Privilege
	2. Alcohol Awareness		2.Sexting		2.Knife Crime
	3 Growth Mindset + Personal Development		3.Self Harm		3. Drugs and the law
	4. Body language, voice and presentation skills				4.Gambling awareness
	5. Money Management				5. Acid Attacks
					6. Activism

**YEAR 10**

<b>Health and Well-Being</b>	1.Healthy body, healthy mind	<b>Relatio nships</b>	1.Sex and relationships	<b>Living in the Wider World</b>	1.CV Writing
	2. Screen time awareness		2. Emotions and Feelings		2. Employment Skills
	3. Resilience, determination and mental toughness		3. Revenge Porn		3. Managing my money
	4. Mind training + activities				4. Enterprise Entrepreneurs
					5. Racism and Language