

The Piggott School: Charvil Primary



'Go and do Likewise' Luke 10:25, -37 The Parable of the Good Samaritan
We live with love and compassion, seeking help in times of need

Curriculum Map: Physical Education Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Content Declarative knowledge 'I Know'</p>	<p>Dodgeball *Begin to understand the importance of preparing safely for exercise warming up *Describe what you have done or seen others doing Football *Recognise what is successful. Use actions an ideas you have seen to improve your own skills *Understand and describe changes to your heart rate when playing a game</p>	<p>Netball *Begin to understand the importance of preparing safely and carefully for exercise - warming up or down *Copy actions and ideas and use the information to improve their skills Badminton *Understand what a rally is and how to continue one in pairs *Identify good technique and justify why it is good *Describe how to hold and grip the racket on forehand shots</p>	<p>Fitness *Discuss healthy and unhealthy foods and why eating well is good for you Dance *Describe phrases on expressive qualities *Begin to understand the importance of warming up *Watch and describe a performance accurately and recognise what is successful</p>	<p>Boccia *Explain what boccia is *Understand the basic rules of boccia Handball *Choose and use simple tactics to suit different situations and apply these in small sided games *Begin to understand some rules of the game *Recognise what is successful and copy actions and ideas to improve your skills *Begin to understand the importance of preparing safely and carefully for exercise warming up</p>	<p>Hockey *Understand and follow the rules of the game *Watch and describe performance accurately. Recognise what is successful *Understand and describe changes to your heart rate when playing a game Rounders *React to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space to help score more points *Begin to understand the importance of preparing safely for exercise-warming up *Recognise what is successful</p>	<p>Athletics *Understand the variety of correct running techniques *Develop the distance running technique understanding the difference between sprinting and running over longer distances *Begin to evaluate and improve own performance Tennis *Understand and follow the rules of the game *Watch and describe a performance accurately. Use actions and ideas you have seen to improve your own skills *Begin to understand the importance of preparing safely and carefully for exercise-warming up</p>
<p>Skills Procedural Knowledge 'I know how to'</p>	<p>Dodgeball *Develop movement skills relevant to games ie dodging</p>	<p>Netball *Throw and catch the ball with control and throw the ball in</p>	<p>Fitness *Improve speed agility and stamina</p>	<p>Boccia *Throw a boccia ball underarm and overarm *Begin to identify basic strategies for boccia</p>	<p>Hockey *Perform a range of skills with control of the ball</p>	<p>Athletics *Explore and practise a variety of athletic movements and apply athletic skills and</p>

	<ul style="list-style-type: none"> * develop catching and striking skills *Pass or send a ball with increasing control at different speeds fast or slow *Engage in competitive physical games employing simple tactics *Develop problem solving and decision making strategies <p>Football</p> <ul style="list-style-type: none"> *Participate in team games showing good awareness of others *Pass a ball with control *Show control when moving changing speed and direction both with and without a ball *Develop fundamental movement skills becoming increasingly confident and competent *Perform a variety of skills keeping the ball under control 	<p>different ways eg fast, slow, high, low</p> <ul style="list-style-type: none"> *Perform a range of actions with the ball keeping it under control *React to situations to make it difficult for opponents - using simple tactics *Show good awareness of others when playing games <p>Badminton</p> <ul style="list-style-type: none"> *Move fluently changing direction and speed *Watch, track and catch shuttle successfully and throw a shuttle relating to an overhead clear *Improve control of the shuttle with and without the racket developing different movements and skills to play varied types of shot including an accurate forehand serve *Can hit the shuttle when in the air varying height, speed and direction into space and to a partner 	<ul style="list-style-type: none"> *Develop the safe jumping technique to gain height and distance *Develop control balance and coordination when completing a variety of tasks *Work well as a team *Explore and practise a variety of movements and fitness techniques *Complete exercise with good technique and focus and with good energy <p>Dance</p> <ul style="list-style-type: none"> *Perform a range of actions and simple movement patterns with control and coordination *Compose short dances that express and communicate mood ideas and feelings varying simple compositional ideas *Explore remember and repeat short dance phrases showing greater control and spatial awareness *Work individually and with others 	<p>Handball</p> <ul style="list-style-type: none"> *Perform a range of actions with control of the ball, including throwing, catching, gathering, keeping possession, and throwing in different ways (fast, slow, high, low) *Know and show how to defend between ball and target *Decide when and where to run showing good awareness of others 	<ul style="list-style-type: none"> *Pass a ball with control and increasing accuracy and consistency *Develop fundamental movement skills becoming increasingly confident and competent moving fluently changing direction and speed with and without a ball *Choose and use simple tactics to suit different situations in small sided games. React to situations in ways that make it difficult for opponents <p>Rounders</p> <ul style="list-style-type: none"> *Show good awareness of others when playing games *Develop fundamental movement skills, becoming increasingly confident and competent *Perform a range of actions with control including catching, gathering and hitting a ball with increasing accuracy *Throw or hit a ball in different ways eg high, low, fast, slow 	<p>techniques to a variety of activities</p> <ul style="list-style-type: none"> *Develop coordination and balance whilst exploring different running jumping and throwing techniques *Begin to show control coordination and consistency when running at speed *Develop a range of jumping techniques *Develop the underarm on pull throw technique <p>Tennis</p> <ul style="list-style-type: none"> *Engage in cooperative and competitive physical activities (both against self and others) *Use and move with a tennis racket with control *Perform a range of actions including catching/gathering skills and sending/passing with control and throw/hit a ball in different ways eg high, low, fast, slow *Choose and use skills and simple tactics to suit different situations- showing good awareness of others
Vocabulary	dodgeball, touching, catching striking problem solving, decision making,	netball, warming up, throw, catch, control, opponents, tactics, awareness, badminton,	fitness, healthy, unhealthy, speech, agility, stamina, balance, coordination, teamwork	Boccia, overarm, underarm, strategies, tactics, rules come on warm up, throwing,	hockey, rules, accuracy, consistency, fluently, direction, speed rounders, tactics warm	athletics, running, technique, distance, sprinting, underarm, tennis, warm up, racket,

	football, heart rate, pass, speed, direction, under control, dodging	rally, technique, racket, forehand, track, shuttle, overhead clear, serve	exercise dance, phrases, performance	catching, gathering, possession, defend	up, catching, gathering, hitting	catching, gathering, sending, passing
Key Questions	What is dodgeball? What skills can we use in football?	What is netball? What is badminton?	How can we stay fit? What makes an effective dance performance?	What is bocchia? What different ways can we control a handball?	What is rounders? What is hockey?	How can we improve our athletic skills and techniques? What is tennis?
Assessment	Throughout each activity students will be assessed using observations by class teacher against specific criteria in line with the Head, Heart, Hands grading system (Red, Orange, Yellow, Lime Green) <u>Autumn Focus</u> Head: Communication Heart: Teamwork Hands: Running	Throughout each activity students will be assessed using observations by class teacher against specific criteria in line with the Head, Heart, Hands grading system (Red, Orange, Yellow, Lime Green) <u>Spring Focus</u> Head: Competition Heart: Enthusiasm Hands: Jumping	Throughout each activity students will be assessed using observations by class teacher against specific criteria in line with the Head, Heart, Hands grading system (Red, Orange, Yellow, Lime Green) <u>Summer Focus</u> Head: Fairness and Respect Heart: Determination Hands: Throwing and Catching			
Cross curricular links/Character Education	<p>Extra-curricular – clubs & fixtures</p> <p>Literacy - Improving your own / others performance</p> <p>Numeracy – scoring in games/organising teams</p> <p>Teamwork – communication and working with others, leadership.</p> <p>Problem Solving - critical thinking.</p> <p>Cultural appreciation – own and professional works</p> <p>Resilience, Initiative, Integrity, Confidence, Aspiration</p> <p>Head, heart hands links to school value of respect</p>					