

World KITCHEN.

26 Sept, 17 Oct, 14 Nov,
5 Dec, 2 Jan

Aspens


WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chilli Con Carne

Beef Chilli served
with Rice &
Garlic Bread

Piri Piri Chicken

Oven Baked
Paprika Wedges
and Coleslaw

Roast Turkey and Stuffing

Roasties,
Fresh Vegetables
and Gravy

Chicken Balti Curry

Marinated Chicken
Mild Curry Sauce,
Rice & Naan Bread

Nuggets/Fish & Chips

Served with Baked
Beans or Peas.
Curry Sauce

**TRADITIONAL
DISH**

**VEGGIE
DISH**



Vegetable Chilli

Rich Tomato Sauce
With Rice & Garlic
Bread

Spicy Veggie & Bean Wrap

Oven Baked
Paprika Wedges
and Coleslaw

Stuffed Pepper

Roasties,
Fresh Vegetables

Sweet Potato Balti

Lightly Spiced with
Chickpea & Lentil,
Rice & Naan

Veggie Bean Burger

Served with Baked
Beans or Peas

Hot DELI.

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

**DELICIOUS
DESSERTS**

Marble Cake

Tiramisu

**Sticky Toffee
Pudding &
Butterscotch
Sauce**

**Chocolate
Pudding &
Choc
Sauce**

Lemon Cookie

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Sausage & Mash
Pork Sausage, Mash,
Peas & Gravy

Chicken Korma
Marinated Chicken
in a Coconut Curry
Sauce, Rice & Naan
Bread

**Roast Pork
& Crackling**
Roasties,
Fresh Vegetables
and Gravy

Cottage Pie
Traditional Mash
Topped Minced
Beef & Green
Beans

**Fish/Nuggets &
Chips**
Served with Baked
Beans or
Peas

VEGGIE DISH



Quorn Sausage
Mash, Peas & Gravy

Vegetable Curry
Lightly Spiced
Curry, Rice & Naan
Bread

Egyptain Falafel
Wrap with a Kale
& Mango Salad

Shepperdess Pie
Topped with sweet
Potato Mash &
Green Beans

**Veggie Bean
Burger**
Chips, Baked Beans
or Peas

Hot • DELI •

DELICIOUS DESSERTS

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninishot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

**Apple Crumble &
Cream**

Victoria Muffin

Flapjack

Lemon Drizzle

Vanilla Cookie

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Beef Lasagne

Bolognese Layered

with Pasta & Cheese
Sauce, Garlic Bread

Chinese Chicken

with Oriental Veg &
Rice

Roast Gammon

Roasties,

Fresh Vegetables
and Gravy

Chicken, Ham & Leek Pie

Topped with Puff
Pastry, served with
Mash & Veg

Fish/Nuggets & Chips

Baked Beans or
Peas

VEGGIE DISH



Veg Lasagne

Roasted Vegetables
Layered with Pasta
Topped with Cheese
sauce & Garlic
Bread

Veggie Asian Wrap

Oriental Veg
& Noodles

Veggie Thai Green Curry, Lime & Coriander Rice

Tomato & Vegetable Bake

**Veggie Bean
Burger**
Chips, Baked Beans
or Peas

Hot DELI.

DELICIOUS DESSERTS

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & loaded wedges. We rotate our range throughout the week.

Banana Loaf

**Summer Fruit
Sponge &
Cream**

**Chocolate
Brownie**

**Various
Flavoured
Cheesecake**

**Double
Chocolate
Cookie**